The Village of Oakland Woods



Village News



Embrace the possibilities

420 S. Opdyke Rd · Pontiac, MI 48341 · www.pvm.org

AUGUST 2024

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The Village of Oakland Woods

Look for PVM on:







Dear Residents,

I'm glad to hear you enjoyed our pre-4th of July event! We always strive to make these gatherings enjoyable for everyone. I want to address a couple of important points going forward:

Food boxes: If you receive any type of food box, please remember that it is your responsibility to pick it up. We are unable to deliver these boxes as we have other pressing tasks.

Mandatory Town Hall Meeting for New Residents who moved onto the property this year 2024, you need to attend this meeting. This meeting will take place on Friday, August 9th starting at 12:00: It is now mandatory for all new residents to attend our town hall meetings. We've noticed some inaccurate information being circulated, and this meeting will help clarify any misunderstandings.

Fences: According to our house rules, residents are **NOT** allowed to have any fencing on your patio. If you have a fence it **MUST** be removed immediately.

Ring Cameras Pickup: If you signed up for a Ring Camera, please come to the office to pick it up.

If you have any questions, please don't hesitate to call me. Thank you!

Office News

Sharon Benton & Stephanie Daniel
Administrative/Receptionist

When you turn in your monthly rent, please make sure the following is on the check or money order:

Date:

Paid to the order of: VOOW

The dollar amount and written amount must match

Your signature: Don't forget to sign

Unit number

BLANK CHECK



BLANK MONEY ORDER



ERICA PINES

JOIN US!

PRETTIEST PATIO CONTEST



WINNER GETS TO BE FEATURED IN OUR NEWSLETTER!

AUGUST 16 WE WILL GO AROUND CAMPUS TO FIND OUR WINNERS FOR APARTMENTS AND COTTAGES

Maintenance News

Rick Petrella/Maintenance Supervisor

Wow, can you believe it is already August? This year truly has been a blur.

So on a very serious note I have a subject to address with every resident whom has a clothes dryer in their apartment.

IT IS IMPERITIVE FOR YOU TO CLEAN THE LINT SCREEN EVERY TIME YOU USE THE DRYER!

A clogged dryer lint filter is one of the leading causes of home and apartment fires! So often these fires lead to death. Not to mention the damage to property could be in the multiple tens of thousands of dollars and displace residents for many months. Recently I came across a dryer lint screen which was not cleaned in some time. This is serious neglect. Please everyone do your part to keep yourself and fellow residents safe.

Additionally, an uncleaned lint screen renders the dryer extremely energy inefficient. Your cost for electricity will increase dramatically! Okay, let's enjoy the great August weather.





Let us all go enjoy the great June weather. Hope to see you soon out and about.

Rick Petrella

Service News

Terri Price Service Coordinators

Greetings VOW Residents, I hope you are enjoying a safe summer



News & Reminders:

Please remain mindful of Heat-Health-Safety precautions. To learn more, pick up a copy - MDHHS CLIMATE AND HEALTH ADAPTATION PROGRAM AND MITRACKING PROGRAM available on the information table in community center lobby.

Save the Date - Monday, August 12, 2024 11:30am - Oakland Co. Deputies Garcia and Johnson will be here to discuss *Home Safety and Scammers*. Please sign-up in the activities book. (Date subject to change. One-call announcement will go out if the deputies need to reschedule)

*We are not certain yet if VNA of SE Michigan will conduct Fall 2024 flu immunization.

Your health care provider may recommend vaccinations, also known as shots or immunizations, to help prevent certain serious illnesses. *Talk with your doctor or pharmacist about which vaccine(s) they recommended for you and schedule accordingly.

Information from Oakland County Health Dept. - There is a \$7 administration fee per vaccine. If you have insurance, check with your provider for possible benefit coverage. A fee schedule is available for those not eligible for state and/or federal vaccine programs. No one will be denied access to services due to inability to pay; there is a discounted/sliding fee schedule available. Vaccine payment options include cash, credit (Visa/Mastercard), Medicare, Medicaid, most Blue Cross Blue Shield plans, and additional insurances. Credit card fees apply. Contact Information: Nurse on Call at 248-848-5533 or email NOC@oakgov.com.

Work Orders – Please do not delay submitting a work order. If you have a new or existing issue over a period of time that needs maintenance attention, call the office or have a family member call in. Leave a message if we are not available to answer.

My office hours: Mon. Wed. Fri. 7:30am-4:00pm, I can be reached at 248-334-4379 ext. 4 or 248-752-9256 If I am not available to answer your call, please leave a message and number. Thank you, Terri Price

Wellness News

Anita Norwood/Wellness Coordinator

Discover the Power of Healing Through Sound Bath

Join us for a unique and rejuvenating sound bath experience designed exclusively for seniors. I will guide you through a session using gongs, singing bowls, and other musical instruments, harnessing ancient healing modalities to promote relaxation, reduce stress, and enhance well-being.

A sound bath is a meditative experience where participants are "bathed' in sound waves produced by various healing instruments like gongs, bowl, and chimes. These sounds create a therapeutic environment that can help clear the mind, balance the body, elevate the spirit, and more.

Some of the benefits include stress reduction, improved sleep, pain reduction, mental clarity, increased circulation and flexibility, and an overall sense of peace and tranquility.

I hope to see you on Tuesday, August 6, 2024 at 2:30 in the activity room. Feel free to bring a warm blanket or sweater as the body relaxes it can get cool.

I have over 30 years of professional and educational experience in the healing arts which include massage therapy, energy healing, aromatherapy, naturopathic remedies, herbology, and homeopathy. My mission is to enlighten, empower, and energize you to improve your quality of living and live your best life!!

I look forward to seeing you soon!!
Anita Norwood
Wellness Coordinator

See the August calendar for upcoming events!!



DETROIT RIVER BOAT CRUISE

















VILLAGE VICTORY CUP



Birthday Celebration!

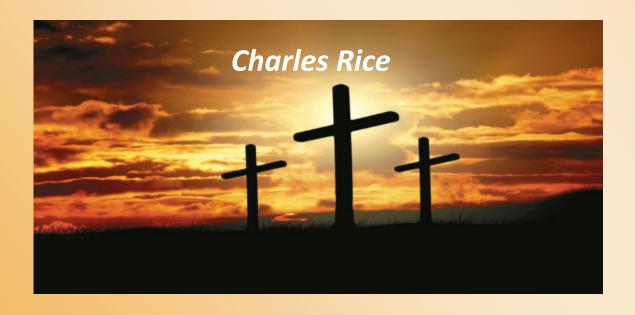
The Birthday party will be held on Thursday, August 15th @ 1:00pm. Join us in the Community Room for refreshments, bingo and prizes.

Alma Shelton 8/4 Almeta Cook 8/12 Roseann Ramsey 8/16 Delores Williams 8/22 Joyce Bailey 8/5
Annette Lucus 8/13
Richard Huston 8/22
James Carrington 8/30

Nancy McGee 8/9 Lelah Johnson-Green 8/15 Shirley McBride 8/22



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Inside Hollywood Market (Near Bakery)

\$50 Christmas Cash Give-a-way No purchase Necessary

- 1. Limited to 420 Opdyke Village Residents only (1 entry per person)
- 2. Only legible paper entries received by Dec 8,2023 accepted
- 3. No winner list, Prize sent as cash

Name: _____ Address: _____

Apt/House: _____

ONLY 1 Prize Awarded, Draw on 12/22/2023

NEVER MISS OUR NEWSLETTER!

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1044 Joslyn Road Pontiac, Michigan 48340 joslynchiro@comcast.net

JOSLYN CHIROPRACTIC CENTER Dr. Leigh A. Elceser

FREE Consultation to all Village of Oakland Woods Residents



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Eileen Frazier

efrazier@lpicommunities.com

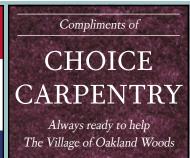
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August 2024 at the Activities Table



Tuesday
9
9:30 - Walking with Anita - 10:00 God World & Prayer - 2:30 Fitness Class - 1:00 Smoothies
9:30 Valking with Anita - 10:00 God Anita - 10:30 Walking with Anita - 10:30 Word & Prayer - 2:30 Fitness Class - 1:00 Crafts
9:30 Walking With Anita -10:00 God Anita -10:00 Fitness Word & Prayer - 2:30 Class - 1:00 Family Paint with the Twist Center
9:30 Valkiing with Anita - 10:00 God Anita - 10:30 Finess Vord & Prayer - 2:30 Class - 1:00 Movie Cardio Dremming
Notes Times and Dates are subject to change - Please sign up in the activity log book.

Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

Office Number

Village Staff

Tracy Lathan Administrator

Sharon Benton

Administrative Assistant

Stephanie Daniel

Administrative Receptionist

Terri Price

Service Coordinator

Anita Norwood

Wellness Coordinator

(248) 334-4379

Rick Petrella

Maintenance Supervisor

Randall Shannon

Grounds Keeper

Gerald Hillie

Maintenance Tech.

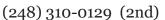
Erica Pines

Sales & Leasing

www.pvm.org

EMERGENCY MAINTENANCE

(248) 330-0213 (1st)









Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to supp needs of our residents. investment in our resid

Presbyterian Villages of

the mission of Presbyterian Villages of Michigan for the greatest rift to Presbyterian Villages of Michigan Foundation is truly an s. For more information on how you can help Michigan seniors, call chigan Foundation at 248-281-2040 or visit www.pvmfoundation.org

Embrace the possibilities

Pontiac, MI 48341-3145 420 S. Ордуке Ка

